

LEONARD STANLEY SCHOOL WINTER MENU 2019										
WK 1	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	Home made Sausage Roll		Lamb Bolognaise		Gammon & Pineapple		Lasagne		Fish fingers	
	Vegetarian Sausage Roll		Cauliflower Cheese		Jacket Potato /Tuna or Beans		Quorn Curry & brown Rice		Pizza	
	Mashed Potato		Brown Roll		Roast Potato				Chips or Jacket	
	Peas or Sweet corn		Green Beans & Carrots		Cabbage & Cauliflower		Mixed Vegetables		Baked Beans or Peas	
	Banana sponge Choc Custard		Fruit & Yoghurt		Fruit or Plain Flapjack		Rice Pudding Sultanas Fruit Sauce		Fruit with Ice-cream	
	Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
WK 2	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	Spaghetti Bolognaise		Shepherds Pie		Roast Chicken Stuffing		Meatballs		Fishcake	
	Quorn Bolognaise		Salmon or Cheese Quiche		Vegetable casserole		Jacket Potato /Tuna or Beans		Pizza	
			Mash Potato		Roast Potatoes		Mashed Potato		Chips or Jacket	
	Green Beans & Carrots		Mixed Vegetables		Broccoli & Cauliflower		Sweetcorn & Carrots		Baked Beans or Peas	
	Fruit & Yoghurt		Chocolate Sponge		Fruit & Jelly		Fruit or Plain Shortbread & Custard		Choc or Strawberry Mousse	
	Fresh Fruit or Yoghurt		Fresh Fruit		Yoghurt		Fresh Fruit		Fresh Fruit	
WK 3	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	Beef burger in Roll		Chicken Curry		Roast Beef Yorkshire Pudding		Chicken Pie		Lemon Sole	
	Veggie Burger in Roll		Cheese Pasta Bake		Quorn Chicken Stew		Vegetables Roll		Pizza	
			Brown Rice		Roast Potatoes		Mashed Potatoes		Chips or Jacket	
	Sweet corn or Baked Beans		Mixed Vegetable or Carrots		Green Beans & Cauliflower		Mixed Vegetables		Beans or Peas	
	Plain or Fruit Sponge		Chocolate Crunch & Custard		Fruit Crumble & Custard		Fruit & Yoghurt		Rice Krispy Cake	
	Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Fresh Drinking Water served Daily Extra Bread & Fruit on Request										
PLEASE ASK ONE OF OUR CATERING STAFF IF YOU WISH TO KNOW WHICH ALLERGENS						CHILDS NAME				
ARE IN OUR NEW WINTER MENU. OR ANY SPECIAL DIETARY NEEDS						CLASS TEACHER				
All our Meat, Fruit & Vegetables are all locally sourced						Price Per Meal		£2.30		